

A guide to the best eats in town.

Bourbon Style Chicken and Waffle, Bourbon Street Chicken Truck, Oshawa Food Truck Corral OSHAWATOURISM.COM













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REALLY GODFOD,

Some of Oshawa's best eateries are hidden in plain sight. That unassuming diner with the faded sign? It's had a full house for decades. The shiny new take-out spot that's sold out by noon? They earned a massive social media following long before opening day. When hard-working chefs invest in their dream, and lineups snake out the door, there's a reason: word on the street says it's just that good.

Oshawa Culinary Compass is a collection of the places that make up our unique food culture. Get to know our reliable favourites, where locals gather and memories are made. Explore a feast of authentic street food from Poland to Thailand and Jamaica to Sri Lanka. And discover the everevolving fusion that results when cultures and flavours are just meant to be together.

Whether you are looking for fine dining or a snack on the go, Oshawa has something delicious for everyone.

Get ready to find your new favourite table.



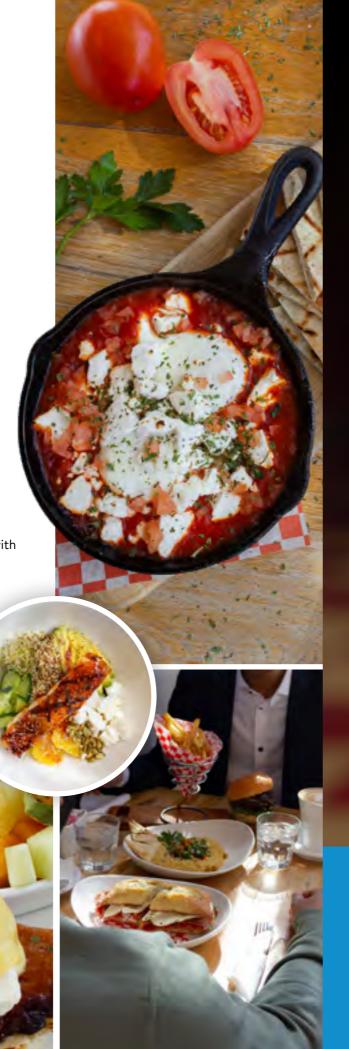
BRUNCH

BERRY HILL FOOD CO

With a warm atmosphere and expertly crafted menu, quality meets cool at Berry Hill. Brunch-goers look forward to delectable options like rum-infused French Toast or warm honey butter biscuits. Eggs Benedict fans will appreciate the scratch-made Hollandaise.

Come hungry for a classic bacon and eggs Farmhouse Fry, or try the North African favourite shakshuka skillet: poached eggs in a spiced tomato sauce with onions, chickpeas, feta and naan. It is easy to settle into lunch or dinner with an excellent burger (beef, lamb or spiced lentil patty), Napolitan-style pizza or even a chimichurri steak sandwich. Memorable sweets like banana bread pudding with chocolate simply hit the spot for dessert.

82 King St WBerryHillFoodCo.ca







THE RAINBOW RESTAURANT

A "go-to" for decades, the Rainbow Restaurant has been serving up breakfast in Oshawa since 1958. The original GMC Breakfast has been a popular choice on the menu from day one. Or try a Gennies slider of pea meal on English muffin.

The Rainbow Restaurant's fresh home cooking and nostalgic atmosphere take first-time diners and turn them into regulars.



More brunch options

Coco Frutti

All-day brunch and smoothies.

1 Warren Ave
CocoFrutti.com

Crepe Castle

Crepes, brunch and Afghani skillets.

1272 Simcoe St N CrepeCastle.ca

Sunset Grill

All-day breakfast.

1359 Wilson Rd N and 2640 Simcoe St N SunsetGrill.ca



CORK & BEAN

Cork and Bean is downtown Oshawa's dream hang out all day long. Swing by with a laptop in the morning for the free WiFi while working over granola or oats and rich espresso drinks, Nitro cold brew coffee, tea lattes or a classic drip. Lunch is done right with a scone, pastries or a full-on soup and sandwich.

Take a break with a refreshing hand-crafted Italian soda on the sunny patio, then call a date to meet up for happy hour. Order nachos and craft beer or a charcuterie board and a cocktail, depending. Look for live music events, Scotch tasting, coffee and crochet sessions, paint night and more. (You will have to go home eventually.)

8 Simcoe St N CorkAndBean.ca

Try these

Aves Coffee House

Bird-friendly roaster and cafe
9 William St W

Aves Coffee Co.com

Isabella's Chocolate Cafe

Coffee and sweet treats.

2 King St E

Isabellas ca

Oshawa House Cafe

A downtown hub.

62 King St W

OshawaHouse.ca



MANIS

TREATS





CHOCOLATE CAFE

Serving the heart of Oshawa since 2006, Isabella's Chocolate Cafe knows treats are always the answer. Handmade chocolate and freshly baked goods suit any occasion, from a midday pick-me-up to Valentine's Day done right. Swing by to order a personalized cake for a loved one, and grab a rich latte and giant cookie while you're there. Try the grilled panini for lunch and browse the selection of quirky but thoughtfully selected giftware. Custom cakes, iced sugar cookies, sweet or savoury scones... it all makes a lovely gift. Or treat for yourself. Or maybe both?

Definitely both. 2 King St E





Ah oui! A taste of Europe in downtown Oshawa, Belle Vie Café serves up French delicacies in a cozy and inviting atmosphere. Start your morning with a fresh coffee and croissant, pain au chocolat, raspberry danish, and so much more. For lunch, the offerings include sandwiches, wraps, quiche, soup or salad. Everything is baked from scratch fresh daily, so stroll by and see what is on offer. C'est si bon!

25 Simcoe St S BelleviePastries.com







Cupcake Goodness

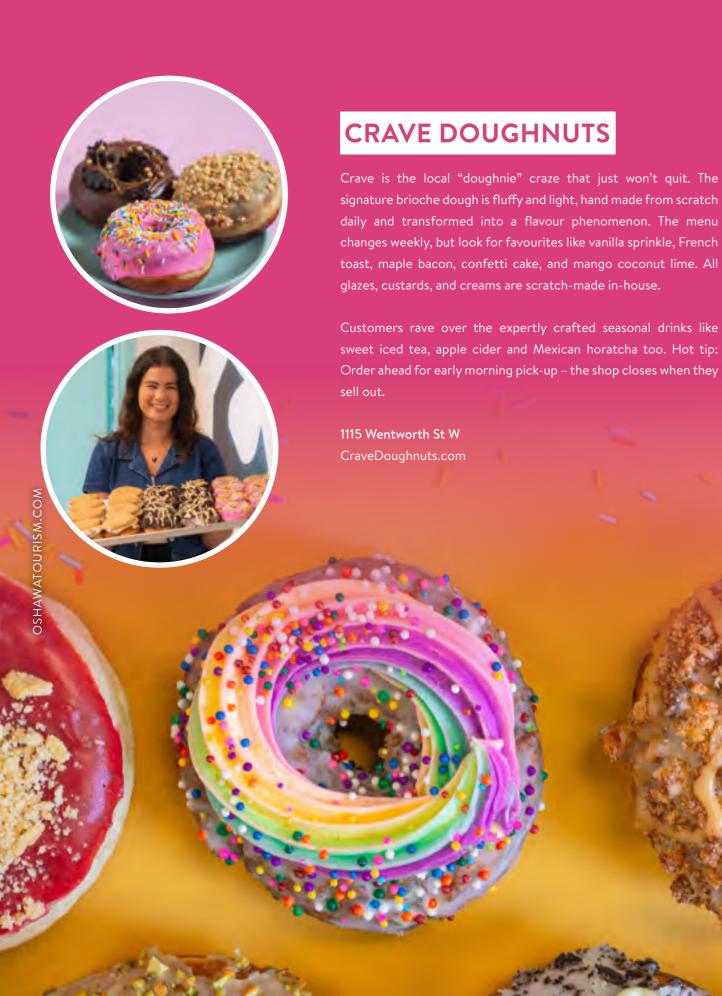
Sweets baked from the heart. 39 Bond St E CupcakeGoodness.store

Eat My Shortbread

Nut-free, gourmet shortbread. 109-1077 Boundary Rd S EatMyShortbread.com









a unique dessert that will delight even the most worldly sweet tooth. Uncle Fluffy's souffle-like cheesecakes are light, airy and slightly less sweet than a traditional cheesecake. Enjoy one plain and minimalist or with a topping of chocolate, strawberry or caramel. The tarts have a flaky crust that is filled with either sweet and tangy chocolate or original Hokkaido cheese.

Pair with a cup of premium coffee, and you're set for a new flavour adventure.

17 King St W FB @unclefluffycan







FROSTY TREATS

ROLL ME UP

It's ice cream with a real twist! Roll Me Up offers a popular Thai street dessert where an ice cream base is poured, flattened then scraped into luscious rolls and topped with delightful goodies.

The custom flavours are where the creativity soars. Look for options like gulab jamun, strawberry cheesecake, oreo, and kaju gulkand, a mix of cashew and caramelized rose petal. Mint chocolate chip works well too!

212 Ritson Rd N RollMeUpIceCream.ca



More frosty treats

Cones and Characters

Creative cones, shakes and splits.

1A Simcoe St N
ConesAndCharacters.com

eZ Rolls Ice Cream

Thai ice cream rolls.

219 Nonquon Rd

eZRollslceCream.com

IG @ezrollsoshawa









ENNISKILLEN GENERAL STORE

It all began in the post office, back in 1840. The original building up Enniskillen Road was the hub of the community, eventually becoming a general store and destination for Kawartha Dairy ice cream. Now, this family-owned and operated spot has expanded beyond the Enniskillen borders and is offering more than 25 delicious flavours in Oshawa too.

Don't be fooled by sizes like Big Baby: these are all mammoth scoops. While you're there, be sure to browse their selection of snacks, giftware and local and imported candy too. Jump out to buy the paper, return with ice cream. It is only tradition.



TEDDY'S RESTAURANT

& DELI

OSHAWATOURISM.COM

Serving the Oshawa community since 1980, this family-friendly local hot spot is famous for warm service and an absolutely sprawling menu. Whether you want a deli sandwich or a hot turkey dinner, there is truly something to satisfy every craving.

Peek in the classic rotating pie case on the way in so you can plan accordingly: their strawberry pie is legendary.

245 King St WTeddysOshawa.com







THE UPPER KEG

RESTAURANT AND BAR

If you are looking for delicious comfort food in a cozy atmosphere, the newly renovated Upper Keg is your spot. Try a juicy home made burger, classic tuna melt or succulent cubano sandwich. Smashed chickpea brings a hearty offering to vegetarian diners too. Swing by with friends for nachos and wings paired with a cold beer or make it date night and try a fresh cocktail and steak dinner. Keep an eye out for chef's specials like curry, creative poutines, pasta and so much more.

5–1050 Simcoe St N UpperKeg.ca IG @upperkeg.ca







Mr A's Quick Flame Restaurant

More than 50 years running.

212 King St E

MrAsQuickFlame.com

Dines Family Restaurant and Deli

Serving Oshawa since 1964.
400 King St W



AWORLD OF

CHAMPS CARIBBEAN **RESTAURANT**

Satisfy your cravings for true island flavour at Champs Caribbean Restaurant, your source for real West Indies takeout. Their exclusive techniques and decades of experience have you covered: jerk or fried chicken, roti, rice and peas, oxtail and snapper, it's all here. Grab a side of rich red pea soup, sweet plantain, and flavourful curried goat.

Call ahead to see if there are any specials or featured breakfasts like ackee or callaloo and sailfish, or cornmeal or peanut porridge. With an icy cold Grace pop or Ting to wash it down, you'll expect to walk out to the beach.

1288 Ritson Rd N ChampsCaribbeanRestaurant.ca



PALM COURT RESTAURANT AND BAR

Who says you can't have your noodles and roti too? Anything goes at North Oshawa's Chinese fusion and traditional Caribbean mash-up: Palm Court. Stop by for a lunch special and have your pick of Chinese chicken chow mien or Jamaican jerk chicken with peas and rice. Fresh local ingredients go into traditional preparations that are authentic to both their Caribbean and Asian origins.

Grab a snack of pho lourie, a fried, spiced dough ball commonly eaten in Trinidad and Tobago as well as in Guyana and Surinam. Or try the pepper

shrimp fried rice, fried plantain, goat curry and custard too.

7-2620 Simcoe St N PalmCourt.ca



Divino Churrasco

Authentic Portuguese dishes. 2-1288 Ritson Rd N divinochurrasco.ca

Elyon African Kitchen

Nigerian home cooking. 2-251 Ritson Rd N elyonafricanrestaurant.com

Ryan's Roti and Jerk

West Indian favourites. 1051 Simcoe St N @ryansrotiandjerk



TRUCK CORRAL

What should you pack for a trip to The Food Truck Corral? According to the General Manager Max Lysyk, bring "an open mind and an empty stomach." It's good advice, considering he has wrangled nearly a dozen trucks to his plot of land in the rural fringe of North Oshawa. Here, a quiet nook near the hydro corridor has been transformed into an exciting destination for street food lovers. Stop by and sample wood-fired pizza, authentic Polish street food, hot Caribbean BBQ, freshly cut Ontario fries and a feast of fusion in between.

The inspiration came in 2020, a creative solution to the problems the COVID-19 pandemic brought. "Local restaurants were struggling to make ends meet and families were not able to get together," says Lysyk, whose family operates the Corral. The Corral would be a win-win for purveyors and diners alike: Food trucks let small local entrepreneurs get up and running with minimal investment.



Diners were craving a fresh change of scenery with easy social distancing. Food trucks fit the bill! And interesting food is just the start: Lysyk and the truck operators work hard to create a fun, comfortable space and foster a real community hub. Diners can grab a bite and mingle at one of the painted cruiser tables or spread out at a picnic table in the shade. Free parking for around 100 vehicles is a tailgater's dream.

The location is remote enough for a taste of rural escape, but a short enough drive meet friends and foodies for a quick meal. Responsible owners are welcome to bring leashed pets, and country-themed cut-outs create fun photo moments. Look for themed events such as Victoria Day face painting and fire works, Canada Day Festival with local vendors, decorated trucks for Christmas in July, and Customer Appreciation Day. In fall, pumpkins are sold with proceeds going to support local charities.

The fun is just getting started: plans are in the works to construct a play area with a splash pad too! With long hours throughout the season, The Food Truck Corral is a great place to linger. "Stay for the sunsets!" says Lysyk, referring to the view west along the toward the rolling ridge of the Oak Ridges Moraine.

"The food is incredible and the sunsets are absolutely stunning." Meet you there!

2867 Bridle Rd N Oshawa.

Off of Winchester Rd E between Simcoe St and Ritson Rd





Try these food trucks

Angie's Ice Cream Truck

Save room for dessert. IG @wattafry

Bourbon Street Chicken Truck

The flavours of Louisiana. IG @bourbonstreetchickentruck

D'Hideout Inc

Trini Style BBQ. FB @D'Hideout Inc.

Pierogie Bros

Pierogies with a twist.
IG @pierogie.bros

Lowland's Fire Food

Wood-fired sourdough pizza. lowlandsfirefood.ca IG @lowlandsfirefood

Masala Box

Indo-Pakistani street food.

MasalaBox.ca
IG @masalaboxft

Sonya's Street Meat

Specialty hot dogs. IG @sonyastreetmeat

Watt A Fry

Your classic Ontario chip truck. IG @wattafry

Yorkilicious

Yorkshire pudding wraps.

IG @yorkilicious_food_trailer

Zaps Polish Street Food

Authentic Polish Zapiekanka. FB @ZAPSFoodTruck





Try these

Kachiguda Junction Indian Bistro

Authentic Indian cuisine.

14 King St W

KachigudaJunction.ca

Papa's Spices

Sri Lankan cooking, Jaffna style.

153 Simcoe St S

Papasspices.KitchonApp.com

Spicy Affairs

Indian and fusion.

84 King St W

SpicyAffairs.ca

T.O's Kathi Roll Eatery

Inventive Indian fusion.

106-1 Warren Ave
KathiRollEatery.com



9 SPICES

The flavours are truly infinite in the expansive menu offered by 9 Spices Indian Roti Cuisine. Start things off with a fresh samosa, pakora or aloo chat, then sink into one of their luscious slow-cooked curries, whichever way you choose: on rice, or in a plain or garlic roti. Delve into a rich and nutty chicken korma or lamb vindaloo. Vegetarian options abound, with paneer makhani curry of cottage cheese cooked in a spiced sauce, chana curry and even green pea and cauliflower vindaloo. Don't miss authentic desserts like soft spongy ras malai paneer in a sweet sauce or world-famous fried dough balls gulab jamun.

92 Simcoe St N @9spices_







SHAWARMA FOR ALL

REETAJ

For exquisite Middle Eastern flavour, visit Reetaj. Prepare your taste buds with a fresh chickpea salad, crunchy fattoush or tangy tabouleh. After that, there are no wrong answers. The specially marinated and seasoned chicken and beef shawarmas are the ultimate in comfort food. Whereas the ground beef kafta and shish tawook BBQ are rich and savoury favourites too. Try the Reetaj twist on the classic Canadian quarter chicken dinner with fries. Whether you choose a saj wrap or full plate, be sure to load up on fresh hummus or babaganoush. Extra pickled turnip please!

7 Nassau St reetajrestaurant.com IG @reetajrestaurant



Cyrus Persian
563 Ritson Rd S
cyrusrestaurant.ca

Tybah's Kabab 1240 Simcoe St N tybahskabab.ca



THE MOMO

MOMO MANTRA

At Momo Mantra, this beloved Tibetan street food is served up fresh and ready to eat on the go. Sip a fresh mango lassi and your choice of steamed, deep fried or pan-seared memos bursting with delectable fillings. Creative twists include alfredo and butter chicken creations, or go with a traditional chicken or veggie filling.

Grab a side of tingmo steamed buns, salad or chilli fries or a mokthuk soup momo with garlic chilli sauce. Other Tibetan favourites

include sha-bhaglep beef patties with tomato sauce and pickled radish, and shaptak stir fry.

7 Simcoe St S

@MomoMantraOshawa



Try these

Kenzo Ramen

Japanese Noodle House.

24 King St E

KenzoRamen.ca

Oshawa Thai Cuisine

Thai and Chinese menu.

24 Bond St W

OshawaThai.com

Pho Vietnam 999

Authentic Vietnamese to stay or go. 299 King Street W Phovn999Osh.com

Rainbow Sushi

Long-running local favourite.

1180 Simcoe St N
RainbowSushi.ca



STREET MOMOS

Chef Rajan, born in India and raised in Nepal, brings a fine Indian Asian fusion to Oshawa's Street Momos. A Momo is a Himalayan dumpling filled with a spiced and flavourful mix.

Choose from selections like the chili momo, featuring chicken or vegetable wok-fried with ginger garlic. Or try the traditional South Indian Madras Momo served with coconut milk. Start with a bright and tangy mulligatawny soup or battered onion bhajia rings loaded with herbs, spices, with tamarind chutney. Don't forget to choose from naan, roti and paratha breads to soak up every luscious drop.

19 Simcoe St S StreetMomo.ca @streetmomooshawa







PORTOBELLO ROAD

Portobello Road is a celebration of healthy, local food that just happens to be vegan. The changing menu reflects the best of the season and the freshest offerings from local farms.

Reservations are recommended to eat in the cozy dining room or plan to take out a delicious sourdough pizza in creative flavours like pickle and spicy potato. A spring offering included agnolotti of asparagus, pea greens and capers. Or Three Sisters Canestrini of corn sauce, roasted squash, black bean and chilli. Grab a bubbly kombucha or can of craft sparkling herbal tea and get in tune with your taste buds.

21 Bond St E

ThePortobelloRoad.com







Try these

Plant-based home cooking. 29 Simcoe St S Mathildas.ca

Chaalo Oshawa

Vegetarian Indian fusion. 1812 Simcoe St N chaalooshawa.com FB @Challo.Oshawa

Copper Branch

Vegan bowls, wraps. 105-2069 Simcoe St N EatCopperBranch.com



Dining with a view.

Experience memorable field-to-fork dining within Durham College's award-winning W. Galen Weston Centre for Food, featuring local ingredients and supporting the next generation of culinary and hospitality professionals.

BOOK A RESERVATION

DD DURHAM COLLEGE

www.bistro67.ca | 905.721.3312 Thickson Road and Champlain Avenue, Whitby

From field to fork



Save \$125 when you commit to an initial clean and six bi-weekly cleanings!





WILDFIRE STEAKHOUSE

Be pampered with hospitality at Wildfire Steakhouse. For a special night out when only the best will do, book a table and know everything will be taken care of. Visit for premium steaks, fine spirits, wines or even a three-cheese bacon burger and salted caramel cheesecake for dessert.

540 King St W WildFireSteakhouse.com





Try these

Shrimp Cocktail

Casual fine dining since 1999. 843 King St W

Harpo's Restaurant

Fine dining in a charming solarium.

44 Stevenson Rd S

Harpos.ca

The Keg

A classic every time. 255 Stevenson Rd S TheKeg.com

Legend of Fazios

Upscale Italian.
33 Simcoe St S
LegendofFazios.com

The Tea House of Parkwood Estate

June to September, weather permitting.

270 Simcoe St N

ParkwoodEstate.com





AVANTI TRATTORIA

For an unforgettable authentic Italian dining experience, come to Avanti Trattoria. Whether on the summer patio or inside the inviting interior, Avanti offers a warm welcome to every guest. Start with arancini or calamari or a luscious salad like the Nunziatina made up of arugula, Italian tuna, potatoes, eggs, and black olives. Dive into mouth-watering pastas, pizzas and entrees

and, trust us, you'll want to save room for dessert.



RILEY'S PUB

Make yourself at home over at Riley's, the anchor of Oshawa's pub scene since 2004. With 17 beers on tap and a plush environment to explore, there is always a place to relax with a cold pint and good friends. Curl up in a plush chair by the fire in the piano lounge or sip a cocktail on the summer patio. Shoot pool, gather for the big game, or just come to eat. Alongside pub staples like nachos, burgers and wraps, you can tuck into a Montreal Reuben or Roast Beef Dip, Shepards Pie or juicy steak.

104 King St E Rileys.pub



Don't get mad, get hungry, and pay a visit to The Crooked Uncle neighbourhood pub. If we insist, you might consider mixing and matching from two dozen award-winning wing flavours. Start out real nice and sweet with honey garlic, maple bacon, Forty Creek BBQ or the mysterious Thanksgiving.

Things heat up with flavours like hot, of course, or jerk, suicide, and Forget About It. If you brought an associate for the big game, you might want to smother their hunger with deep-fried pickles, an Angry Uncle Burger or Crooked cheesecake. Come back often for the daily pint and a pound specials, and you might just become a real part of the family.

1180 Simcoe St N





Atria Bar and Grill

Live music and more. 59 King St E TheAtria.ca

Bollocks Oshawa

Live music and pub food. 555 Rossland Rd E BollocksPub.com/oshawa

Simcoe Jazz and Blues

Live jazz and blues. 926 Simcoe St N SimcoeBlues.com

The Wee Pub

British pub with live music. 361 Wilson Rd S IG @theweepuboshawa







Other Bites

Burger Factory

53 Conlin Rd EBurgerFactory.ca

Chaalo Oshawa

1812 Simcoe St NChaaloOshawa.com

Copper branch
105-2069 Simcoe St N

EatCopperBranch.com

Sbarro

Pizza and pasta.

2061 Simcoe St N

Sbarro.com

St Louis Bar and Grill

Wings and ribs.

1-1812 Simcoe St N

StLouisWings.com

Tahini's

Middle Eastern.

2061 Simcoe St N

Tahinis.com



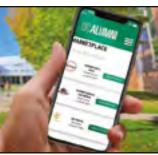


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Are you a proud Durham College alumni business owner?

If so, register for the DC Connect Alumni App and get your business listed for free!

For more information, please contact the Alumni Office at alumni@durhamcollege.ca



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If you are looking for a classic burger joint where quality is everything, BRGRS is your spot. Freshly made burgers loaded with juicy toppings will please any appetite. Alongside fresh-cut Yukon Gold fries and poutine, the menu expands into chicken fingers, grilled chicken sandwiches, veggie patties, and a kid's menu too. Sandwich lovers can try their grilled chicken, pea meal on a bun or BLTs.

Kawartha Dairy milkshakes and cones raise the bar for dessert. Salad bowls abound here, too: no one is leaving hungry.

474 Simcoe St SEatBrgrs.com



The Burger Factory

Tornado fries and funnel cakes too.

53 Conlin Rd EBurgerFactory.ca

Mr. Burger

The local go-to.

314 Bloor St W

MrBurgerOshawa.ca

Mr A's Quick Flame Restaurant

The local favourite, Greek menu.

212 King St E
MrAsQuickFlame.com



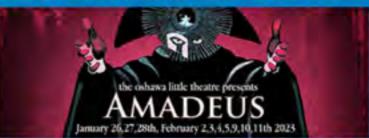


Oshawa Little Theatre

YOUR SEAT IS WAITING!







Into the Woods March 28, 29, 30s April 4, 5, 6, 7, II, 12, 13s 2024

www.oshawalittletheatre.com

905-723-0282



Oshawa Events

Amazing events are happening here. 🤉



(c)/CityofOshawa

Oshawa.ca/Events







ALL OR NOTHING

BREWHOUSE

The site of a classic 1950s Beer Store has been transformed into Oshawa's premier craft brewery: All or Nothing Brewhouse. Stop by for a pint with friends on the roomy patio or order a flight and taste what's new in their spacious beer hall. With a belief in "hustle, quality, and community," they put their motto into action. Check out events like visiting food providers, live music, an artisan night market, Oktoberfest and more. A seasonal farmers market in the parking lot brings fresh local food into the mix. Don't forget to swing by the bottleshop for brew to go and see if the Dog Bar is stocked with spent grain biscuits for the fur babies in your life.

439 Ritson Rd S AllOrNothing.beer



